

2021 SALA CHAMPIONSHIPS

July 14 - 15, 2021

Jacksonville Beach, Florida

SCHEDULE OF EVENTS

Wednesday, July 14, 2021

Tides- Low 5:46 am, High- 11:58pm, Low-5:52pm

8:30 AM	Registration Opens	All Competitors	
	All preregistered competitors must check in before competing		
	Registration for any competitors not preregistered		
10:00:00 AM (ASAP After All Teams Have Registered)	Captain's Meeting	Mandatory	Team Captain only
ASAP After Captain's Meeting	Landline Rescue Race	Prelims	Open Only
	Board Rescue	Prelims	Open Men
	Board Rescue	Prelims	Open Women
	Rescue Race	Prelims	Open Men
	Rescue Race	Prelims	Open Women
	Beach Relay	Prelims	Open Men
	Beach Relay	Prelims	Open Women
	Beach Relay	Finals	Open Men
	Beach Relay	Finals	Open Women
	Paddleboard Relay	Finals	Open Men
	Paddleboard Relay	Finals	Open Women
	Taplin Relay	Finals	Open Men
	Taplin Relay	Finals	Open Women
5:30 - 7:00 pm	SALA Regional Meeting	Training Room @ Statiion	

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Thursday, July 15, 2021

Tides - Low 6:32 am, High 12:49pm am, Low 6:52pm

8:00 AM	2K Beach Run	Finals	Open Men
	2K Beach Run	Finals	Open Women
	2K Beach Run	Finals	Age Group Men
	2K Beach Run	Finals	Age Group Women
	Surf Race	Finals	Open Men
	Surf Race	Finals	Open Women
	Surf Race	Finals	Age Group Men
	Surf Race	Finals	Age Group Women
	Landline Rescue Race	Finals	Open Only
	Board Race	Prelims	Open Men
	Board Race	Prelims	Open Women
	Run-Swim-Run	Finals	Open Men
	Run-Swim-Run	Finals	Open Women
	Run-Swim-Run	Finals	Age Group Men
	Run-Swim-Run	Finals	Age Group Women
	Board Rescue Race	Finals	Open Men
	Board Rescue Race	Finals	Open Women
Lunch Break			

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After Lunch	Surfski Race	Finals	Open Men
	Surfski Race	Finals	Open Women
	Surfski Race	Finals	Age Group Men
	Surfski Race	Finals	Age Group Women
	Board Race	Finals	Open Men
	Board Race	Finals	Open Women
	Board Race	Finals	Age Group Men
	Board Race	Finals	Age Group Women
	Rescue Race	Finals	Open Men
	Rescue Race	Finals	Open Women
	International Ironman	Finals	Open Men
	International Ironwoman	Finals	Open Women
	International Ironman	Finals	Age Group Men
	International Ironwoman	Finals	Age Group Women
Break			
	Beach Flags	Prelims	Open Men
	Beach Flags	Prelims	Open Women
	Beach Flags	Finals	Age Group Men
	Beach Flags	Finals	Age Group Women
	Beach Flags	Finals	Open Men
	Beach Flags	Finals	Open Women

After Competition Awards Baquet 7 p.m.- 11 p.m. - Sneakers Sports Bar & Grill